

# back<sup>in</sup>action mobiliser

## What is the Mobiliser System?

The Mobiliser is a powerful Passive Spinal Motion Tool made to exacting standards for Medics.

The same professional grade unit is now available to the public called "The Mobiliser System" which offers a combination of the Mobiliser Unit and BackInAction Expert Personal Consultancy.

## What is it used for?

Most Mobiliser users have previously experienced long episodes of acute and chronic back pain.

The Mobiliser is used by thousands for whom treatment has failed (or is a temporary fix). Medics use Mobilisers in their practice to apply Mobilisation to the spine, gaining rapid advances with patients that need more than hands-on treatment. Medics often suggest using a Mobiliser at home without any personal gain... They just love seeing difficult cases get better at last.

Mobilisation of the spinal joints is known:-

- ✓ To safely tackle chronic joint pain
- ✓ To help with manipulative treatments
- ✓ To improve resilience in daily activities.
- ✓ To reduce inflammation and increase circulation levels
- ✓ To create a positive circle of greater movement...greater fitness...greater movement.

## Who uses it?

Back Neck and Hip Pain Sufferers

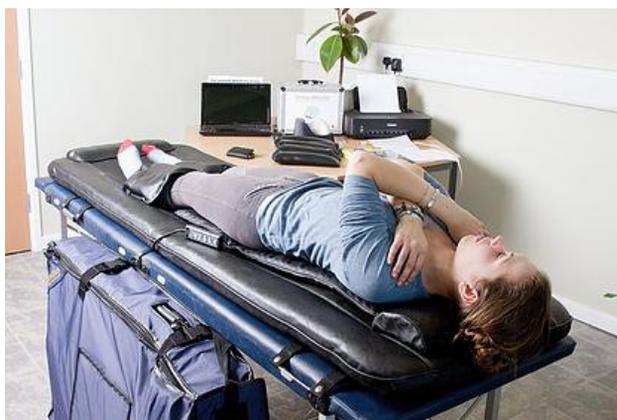
Athletes, Cyclists, Golfers, Horse Riders.

All GB MOD / NATO / RAF Rehab. Centres.

Dozens of GB Olympic Gold Medalists.

Chiro's, Osteo's, Physio's, GPs and Hospitals.

Those with long term painful illnesses needing symptomatic muscular relief.



For Back Pain



For Horse Riders



For Professionals



For Sports



## What do Mobiliser System Users say?

- " My pains of 30yrs have gone. "*
- " My posture looks so young. "*
- " I no longer need painkillers. "*
- " I've stopped getting migraines. "*
- " I breathe so freely and deeply. "*
- " I cancelled my operation. "*
- " I feel 20yrs younger and I'm thinner too. "*

*"I suffered with low back pain for 6 months despite chiro, physio and massage. I'm now drug free, I can't believe the results."* M Collins. MD

*"After 23 years of sciatica my Osteopath suggested the Mobiliser. After six weeks almost all the symptoms had gone."* NL. Accountant

## What do Medics say?

*"I hear only compliments about the Mobiliser and BackInAction. We've many Mobilisers in daily use in GB Rowing, and took Mobi to Rio to help the rowers recover and maintain peak performance."*

Dr Lady Ann Redgrave. Osteopath, Surgeon and Chief Medical Officer to GB Rowing

*"The next best thing to a hands-on therapist."* Sarah Key, Physio to HRH Prince Charles

*"The Mobiliser is a genuinely brilliant piece of equipment ... it has allowed me to help certain types of patients to a higher degree than was possible before we had one. At least 10 of my patients have bought one and so has a Chiro colleague after trying mine, I'll be in touch about getting another one in due course! "* R Gubbay Chiropractor.

## What do Athletes say?

*"Within two weeks the difference in my whole body was obvious...After four months I was back playing golf and I began to increase the intensity of the Mobiliser to seek further improvement."*

Bernard Gallacher, Ryder Cup Captain.

*"Using the Mobiliser in the build-up to Le Mans helped because it would sort my back out, enabling me to train better. I even used it in the race. My back has become stronger and less of a problem."*

David Brabham, Winner Le Mans 24hr (bought a second Mobiliser for USA and won the USA Series)

*"I feel refreshed and relaxed after using it and my sleep patterns are much more regular. It certainly helps me as part of a health and mobility regime that includes physio and exercise."*

Carl Hester, Olympic Gold Medallist

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## How does the Mobiliser cast its spell?

The Mobiliser was developed to remove unhelpful habits created during injury or illness. It's a habit breaker. Some call it "Alexander Technique in a box".

Chances are your body would achieve a greater level of all body health were you to receive spinal Mobilisation, Acupressure, Massage, and Alexander Technique most days. But you probably can't take that route with practitioners, for reasons of time and money.

The Mobiliser System pleasurably and tirelessly provides a pre-set level of stimulation every day.

## Where to use the Mobiliser?

Each BackInAction Centre has Mobilisers that you can use. We explain what to expect before a test session, after which you can buy sets of 10 sessions. Demand is high so pre-book if possible.

Most people use the Mobiliser at home. They can be collected or delivered by courier, unfolding in a flash and getting straight to work. From the very start we guide you with our consultancy system.

Practitioners around the world use the Mobiliser as part of chargeable treatment. Practitioners with Mobilisers believe their success rate is improved. That makes them a good choice if you need treatment and Mobilisation. Some practitioners allow people to test the Mobiliser for a charge.

## What do Mobiliser Sessions cost?

At a BackInAction Centre:	£10 per session or 10 sessions £70
At Medics:	£15 per session to £25 per session.
One Month Family Habit-Beating Package:	£199* plus transport. ( *typically Zero VAT)
Four Month Individual Recovery Package:	£599* plus transport.
Mobiliser with Lifetime Support:	£3299* including UK Delivery and 5 yrs warranty.
Extended payment:	£151* per month subject to status.

For Back Pain



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For Sports



back *in* action  
**mobiliser**

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NB Please note that prices are correct at time of printing but are subject to increase without notice.